

Hi Everyone

I hope you all had a Merry Christmas and are having a wonderful new year.

Well, it is time for us to get back to business. The business of helping others understand about **Matt's Law**, the dangers of hazing and the seriousness of drinking too much water. Yes, another death has occurred due to WATER INTOXICATION.

I am sure most if not all of you have heard the story of Jennifer Strange, the 28-year-old mother of three who died of water intoxication last Friday. For those of you that have not heard, Jennifer entered a radio contest in Sacramento to win a Nintendo Wii for her family. My understanding is the contestants had to drink (so much) water every 15 minutes and see who could drink the most without having to pee.

To make a long story short Jennifer was not feeling well afterwards, called her boss crying to let him or her know that she had a terrible headache and was going home. She was found dead in her home at 2pm that afternoon.

The hardest part of this for me is that we have worked so hard getting the word out about hazing and the way **Matt** died and yet it can still happen in a place that carried **Matt's** story more then anywhere but Chico. On the wake of the second anniversary of **Matt's** death, we realize that there is still so much work to be done.

It starts this evening (afternoon in some locations) with a segment on **Inside Edition**. Inside Edition is running a story on water intoxication and will be talking about Jennifer and **Matt's** stories. Lets hope that this will help to educate people. **Inside Edition - Where to Watch**

Our **Matt** Committee has a meeting scheduled this week, perfect timing it seems. We plan to discuss getting a scholarship started in **Matt's** name, and what direction to go in with our "Awareness/Educational Campaign". Knowledge is power lets give the power to our children (and adults) so that they may make informed decisions in life, because ignorance is NOT bliss.

If you have any suggestions please forward them to me. And if you have any knowledge regarding scholarships please let me know.

"Hug your children and tell them you love them everyday."

Love,
Debbie, MM